

■ Niibowa awiyag bebakaan owaabamaawaa' mashkikiwininiwa' gemaa mashkikiwikwe'.

■ Ozhibii'an gakina mashkikiin wedaapinaman.

## Giwiinzowin \_\_\_\_\_

## Gimashkikiiman

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Mashkikiin gaa-michi-adaaweyan  
(medicines you can buy without a doctor's note)

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## Mashkikiinsan/gwanjiganan

Gegoon ina gimaanishkaagon  
odaapinaman daabishkoo mashkikiin?

Awenen ji-ganoonind giishpin gegoo  
izhiseyan (wiinzowin zhigwa giigidowin)

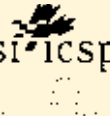
## Wijiwaaganag

College of Physicians and Surgeons of Manitoba  
College of Registered Nurses of Manitoba  
First Nations & Inuit Health Branch  
Klinic Community Health Centre  
Literacy Partners of Manitoba  
Manitoba Health  
Manitoba Medical Association  
Manitoba Pharmaceutical Association  
Manitoba Society of Seniors  
Mental Health Literacy Network  
Regional Health Authorities of Manitoba  
St. Boniface General Hospital  
The Prolific Group  
Winnipeg Regiona Authority  
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# Gego gotangen ji-gagwedweyan

Gagwejimin gimashkikiwininiim  
gemaa gimashkikiwikwem

1

Aaniin  
ezhi-ayaayaan?

2

Aaniin  
ji-izhichigeyaan?

3

Aaniin  
ji-onji-doodamaan?

# Gagwejimin gimashkikiwininiim gemaa gimashkikiwikwem

# 1

## Aaniin ezhi-ayaayaan?

### Gego gotangen ji-gagwedweyan?

#### Awenen ji-gagwedwed gegoo?

- Giin! Gakina awiya gagwedwe aaniin ezhi-ayaad?
- Gaawiin giin eta gwayak gaa-nisidotanziwan.
- Gagwedwen ji-gikendaman aaniin ge-izhi-mino-ayaayamban.

#### Aaniin idash ge-izhiseg giishpin nisidotanziwaan ekidong?

- Ikidon, "Gaawiin ninisidotanzii, miinawaa wiindamawishin."
- Gego agajiken giishin geyaabi nisidotanziwan.
- Bizaanigo gagwedwen giishpin inendaman.

# 2

## Aaniin ji-izhichigeyaan?

### Awenen ji-nakwetaaged?

Gimashkikiwininiim, gimashkikiwikwem gemaa mashkiki gaa-miigiwed ginoonde-wiiji'igoog wiindamawikwaa.

### Awiya na nindaa-bi'inaa'?

Miinange, giijiwaagan, gidinawemaagan gemaa awiya debwetawad:

- Giga-maamikawimig aaniin ji-ikidoyan.
- Daa-ozhibii'ige giga-giigidootamaag.
- Giga-aanikanootamaag aaniin ezhi-ayaayan gemaa gegoon noonde-gikendaman.

### Jibwaa izhaayan:

Ozhibii'an waa-gagwedweyan, wegonen nwaande-gagwejimid mashkikiwinini gemaa mashkikiwikwe daabishkoo aaniin enamanji'owan, aandi waasagendaman zhigwa aaniin apii maadapineyan.

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# 3

## Aaniin ji-onji-doodamaan?

### Jibwaa giwewayan, ninoonde-gikendaan...

...aaniin ezhi-ayaayaan

Answer \_\_\_\_\_

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...wegonen ji-gikendamaan

Answer \_\_\_\_\_

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...aaniin ji-onji-doodamaan

Answer \_\_\_\_\_

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...wegonen ji-biitooyaan ji-izhiseg

Answer \_\_\_\_\_

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...awenen ji-ganoonag giishin ji-wiiji'igooyaan

Answer \_\_\_\_\_

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